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People Can't Drive You Crazy If You Don't Give Them The Keys



Synopsis

You don't have to be controlled by difficult people! Strange as it may seem, other people are not nearly as committed to our happiness as we are. In fact, sometimes it seems like they're on a mission to make us miserable! There's always that one person. The one who hijacks our emotions. The one who seems to thrive on drama. If we could just "fix" that person, everything would be better. But we can't fix other people. We can only make choices about ourselves. In this cut-to-the-chase audio book, communication expert Mike Bechtle shows you how to stop being a victim of other people's craziness. With commonsense wisdom and proactive advice that you can put into practice immediately, Bechtle gives you a proven strategy to handle crazy people—and stay sane while doing it. There will always be difficult people. But this fresh perspective on dealing with them can change your life—starting today!

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Customer Reviews

You don't have to be controlled by difficult people! Strange as it may seem, other people are not nearly as committed to our happiness as we are. In fact, sometimes it seems like they're on a mission to make us miserable! There's always that one person. The one who hijacks our emotions. The one who seems to thrive on drama. If we could just "fix" that person, everything would be better. But we can't fix other people. We can only make choices about ourselves. In this cut-to-the-chase book, communication expert Mike Bechtle shows you how to stop being a victim of other people's craziness. With commonsense wisdom and proactive advice that you can put into practice immediately, Bechtle gives you a proven strategy to handle crazy people--and stay sane

while doing it. There will always be difficult people. But this fresh perspective on dealing with them can change your life--starting today! --This text refers to the Paperback edition.

Mike Bechtle is the author of *Confident Conversation* and lives and writes among lots of crazy people in California.

I found the book to be helpful. Even though I don't encounter too many people who drive me crazy, it's a handy book to have and to understand how I can deal with difficult-to-relate-to people. I have more than one and have lent out the book to a couple of friends who actually have to cope with crazy people at their workplace and within their family as a way to encourage and support them. I recommend this book to anyone who is struggling with how to deal with difficult personalities he/she comes into contact with on a regular/daily basis.

Dr. Bechtle speaks to us where we all live: somewhere between someone who HAS driven us crazy, someone who IS driving us crazy, or someone who WILL drive us crazy. This book helped me understand their role and my role, what I can do, and what I can't. It is easy to read because it is at once personal, engaging, and applicable yet deep in processes, steps, and reality based solutions. A must read! His best of several great books.

Good books, helps one take back control of one's life...one has to be strong emotionally in order for this book to be truly beneficial.

Using as a book club study with church women. Someone left their house keys in my car. I was going to return them the next day since I would be in the area. I text to say I'd be there in 5 mins with an ok response. I sent a text after arriving and waited 20 mins and left. 45 mins later I get a call they are expecting someone to come help them with something but can't get in their house since I have the keys. I tell them I have other plans and can't help them but if they can come where I am they can have the keys. If they hadn't given me the keys they wouldn't be crazy.

A good book that gives you insight on dealing with difficult people. Some of my favorite quotes were: The event isn't really the problem; it's our response to the event. It's those situations that we can't fix are those people we can't change that make us the most uncomfortable. The problem with our perspective is we always assume we're right based on the information we have. No matter what

the other person does it's our perspective that determines how we feel and respond. Read it for yourself it may open your eyes to a few things.

Great book, positive information on how to co-exist with people who are different than you, wonderful points on integrity, thoughtful, and worthy insights on wisdom. Highly recommend this book to counselors, biblical teachers, family members, and parents and school teachers

This book is easy to read, interesting, and most of the principles discussed there are ones I have found through trial and error for many years; and they work! Too bad this book wasn't written years ago and it would have saved me much stress during many situations.

Purchased this book for my Father, who is having difficulties at his work. He stated that this book has given him many resources and tools to help deal with his issues in the workplace.

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